

RESOLUTION No. 2023-05

A RESOLUTION OF THE CITY OF ELECTRIC CITY ESTABLISHING A CITY EMPLOYEE WELLNESS PROGRAM

**RECITALS:**

WHEREAS, the City of Electric City recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive individual health practices, and

WHEREAS, the City of Electric City further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities can result in better morale, reduced absenteeism, and enhanced productivity and performance, and

WHEREAS, the City of Electric City has established a City Employee Wellness Program aimed at preventing illnesses and injuries and promoting better morale, reduced absenteeism, and enhanced productivity and performance among city employees.

**NOW THEREFORE, BE IT RESOLVED** by the City Council of the City of Electric City, Washington, as follows:

In order to contribute to the health and wellbeing of City employees the Wellness Committee pledges the following:

- Improve the quality of life through knowledge about health and lifestyle.
- Decrease the usage of health care services under the current provider's health benefits plan.
- Reduce sick leave usage.
- Improve employee morale and well being.
- Demonstrate to employees that the City of Electric City cares about the health and wellbeing of its workforce.
- Increase recreational or other opportunities which lead to improved physical and emotional health and reduce stress.

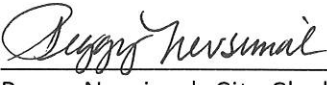
PASSED AND APPROVED, by the City Council of the City of Electric City, Washington this 14<sup>th</sup> day of February, 2023.

Approved:

A handwritten signature in cursive script, reading "Diane Kohout", written over a horizontal line.

Diane Kohout, Mayor

Attested:

A handwritten signature in cursive script, reading "Peggy Nevsimal", written over a horizontal line.

Peggy Nevsimal, City Clerk/Treasurer